



TORRANCE UNIFIED SCHOOL DISTRICT

Nutrition Services Department

Supporting Learning by Promoting Healthy Habits That Will Last a Lifetime!

Meal Prices

Elementary Breakfast	\$2.00
Elementary Lunch	\$3.50
Middle School Breakfast	\$2.25
Middle School Lunch	\$4.00
High School Breakfast	\$2.50
High School Lunch	\$4.25

Titan School Solutions



Parents are encouraged to sign up for a Titan account to add funds to student meal accounts, apply for free or reduced meals, and track student transactions. You can access Titan from any computer, tablet or mobile device. Go to tusd.org/nutrition-services and click on the Titan logo to sign up.

Prepayment Options

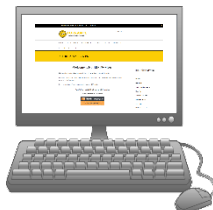
You can take advantage of the option to prepay for meals. Prepaid meal accounts help the lunch lines go faster and give students more time to eat, relax, and play. You can pay online via Titan or send cash or check to the school cafeteria.



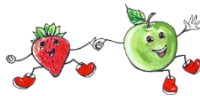
Check Our Website for More Information

tusd.org/nutrition-services

- Payment and Meal Applications
- Menus and Nutrition
- Wellness Policy
- Catering Information



Good Nutrition and Learning go Hand in Hand



The Nutrition Services department is made up of a team of food and nutrition professionals that are dedicated to students' health, well-being and their ability to learn. We support learning by promoting healthy habits for lifelong nutrition and fitness practices.

Our district participates in the National School Lunch Program and School Breakfast Program to provide nutritious meals while following strict national and state nutrition guidelines. All meals, foods and beverages sold and served on campus meet state and federal requirements which are based on the USDA Dietary Guidelines from MyPlate. For more info, go to www.choosemyplate.gov.

Free or Reduced-Price Meals for Qualifying Families

To find out if a student is eligible for free or reduced price meals households are strongly encouraged to apply annually. Applications expire every October.

- To apply, go to tusd.org/nutrition-services and click on the Titan logo.
- Applications are available year-round online or in the Nutrition Services office.
- Families that qualify for free or reduced lunch also receive free or reduced breakfast at participating schools.
- See the back of this flyer for frequently asked questions and more information.

Meal Charge Policy

All students who are qualified for free or reduced price meals:

- Will be provided meals and charged the appropriate rate (reduced priced students are charged \$.25 for breakfast and \$.40 for lunch) regardless of any balance owed.

Students who are not qualified for free or reduced price meals will be charged full price and allowed the following:

- Elementary students are allowed to charge meals to their account with no limit.
- Middle school students are allowed to charge up to \$5
- High school students are not allowed to charge any items if there is money owed.
- Food will not be provided to students who do not have funds to pay at Middle and High School levels.

Households are responsible for all meal charges accrued throughout the school year. Balance notifications (phone, text, email) will be sent multiple times per week to keep households informed of balances owed. Account deposits, payments, and monitoring may be done online at: tusd.org/nutrition-services, at the school site, or in the Nutrition Services Office. If a payment plan is needed, please contact the Nutrition Services Office to make the necessary arrangements.

Please contact Nutrition Services for more information or with any questions!

2335 Plaza del Amo Torrance, CA 90509 (310) 972-6350

Email: nutritionservices@tusd.org

This institution is an equal opportunity provider

FREQUENTLY ASKED QUESTIONS ABOUT FREE AND REDUCED-PRICE SCHOOL MEALS

Dear Parent/Guardian:

Children need healthy meals to learn. Torrance Unified School District offers healthy meals every school day. **Your children may qualify for free meals or for Reduced-Price meals.** Reduced-Price is \$0.25 for breakfast and \$0.40 for lunch. Below are some common questions and answers to help you with the application process.

WHO CAN GET FREE OR REDUCED-PRICE MEALS?

- All children in households receiving benefits from **CalFresh, CalWORKS or the Food Distribution Program on Indian Reservations (FDPIR)**, are eligible for free meals.
- Children who meet the definition of foster, homeless, runaway, or migrant are eligible for free meals.
- Children may receive free or Reduced-Price meals if your household's income is within the limits on the Federal Income Eligibility Guidelines or if you child receives **MediCal**. Your children may qualify for free or Reduced-Price meals if your household income falls at or below the limits on this chart.

Federal Eligibility Income Chart 2018-19 School Year

Household Size	Annual	Monthly	Twice Per Month	Every Two Weeks	Weekly
1	\$22,459	\$1,872	\$936	\$864	\$432
2	\$30,451	\$2,538	\$1,269	\$1,172	\$586
3	\$38,443	\$3,204	\$1,602	\$1,479	\$740
4	\$46,435	\$3,870	\$1,935	\$1,786	\$893
5	\$54,427	\$4,536	\$2,268	\$2,094	\$1,047
6	\$62,419	\$5,202	\$2,601	\$2,401	\$1,201
7	\$70,411	\$5,868	\$2,934	\$2,709	\$1,355
8	\$78,403	\$6,534	\$3,267	\$3,016	\$1,508
For each additional family member, add:	\$7,992	\$666	\$333	\$308	\$154

HOW DO I KNOW IF MY CHILDREN QUALIFY AS FOSTER, HOMELESS, MIGRANT, OR RUNAWAY?

Is the child under the legal responsibility of a foster care agency or court? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are there any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call the TUSD Liaison at (310) 972-6118.

DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD?

No. Fill out one Free and Reduced-Price School Meal Application for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information.

SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS?

No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact the Nutrition Services office immediately.

HOW DO I APPLY? You can fill out an online application or learn more about the online application process by visiting tUSD.org/nutrition-services. Contact the Nutrition Services office if you have any questions about the online application. Paper applications are available in the Nutrition Services office if you are not able to fill out the online application or need translation services.

MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE?

Yes. Your child's application is only good for that school year and for the first 30 days of that school year, through October 19. If you do not fill out a new application that is approved by the

Nutrition Services office or you have not been notified that your child is eligible for free or reduced-price meals for the current year, your child will be charged the full price for meals.

I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC may be eligible for free or Reduced-Price meals. Please fill out an application.

WILL THE INFORMATION I GIVE BE CHECKED? Yes. We may also ask you to send written proof of the household income you report.

IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free or Reduced-Price meals if the household income drops below the income limit.

WHAT IF I DISAGREE WITH THE DECISION ABOUT MY APPLICATION? You should contact the Nutrition Services office at (310) 972-6350. You also may ask for a hearing by calling or writing to: Deputy Superintendent, 2335 Plaza del Amo, Torrance, CA 90509, (310) 972-6060.

MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced-price meals.

WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.

WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application, or may not receive income at all. Whenever this happens, please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.

WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.

MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for **CalFresh** or other assistance benefits, contact your local assistance office or call **1-877-847-FOOD** (3663).

If you have other questions or need help, call the Nutrition Services office at (310) 972-6350.

Sincerely,

Marc Milton
Director, Nutrition Services

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410

fax: (202) 690-7442 or email: program.intake@usda.gov